

## ANNE GUIGNON



**BIO:** Anne Nugent Guignon, RDH, MPH is internationally recognized for her numerous contributions to dental hygiene over the last four decades. She is a practicing clinician, prolific author with over 230 publications and two textbook chapters, an experienced researcher and has presented more than 350 programs all over North America on a wide range of subjects including ergonomics, the oral microbiome and biofilm, power-driven scaling, erosion, hypersensitivity and remineralization. Anne has been involved in the development and testing for a wide range of clinical products and equipment. She holds an adjunct faculty position at the University of Texas Dental School, was honored as the 2004 Philips RDH Mentor of the Year, received the 2009 ADHA Colgate Irene Newman Award for professional achievement in advancing the art and science of dental hygiene, recognized by DPR in 2012 as one of the Top 25 Women in Dentistry and was named the Most Effective Educator by RDH Magazine readers in 2017. In 2015 she was awarded the Certified Speaking Professional credential, the National Speakers Association’s highest earned certification.

### **COURSE DESCRIPTIONS:**

**“EXPLORING THE ORAL MICROBIOME-STUNNING REVELATIONS ABOUT HOW MICROBES ACTUALLY CREATE DISEASE”:**Recent discoveries about polymicrobial biofilms are both disturbing and thought provoking. Dental diseases are not classic infections. New molecular techniques demonstrate caries and periodontal disease are manifestations of dramatic, sustained shifts in microbial ecology that overwhelm the host immune system. Microbes, once thought to be key in these disease processes, may play a minor role, while relatively unknown species, or even the entire microbial community, may be responsible for increased virulence, sustained acid production, enhanced inflammation and continued tissue destruction. Homeostasis still remains the ultimate goal, but new disease concepts like dysbiosis, microbial consortiums, inflammophilic bacteria, commensal pathobionts and keystone pathogens are changing the conversation and challenging how dental disease is viewed today. **(FRIDAY MORNING CE SESSION #2)**

**“LIFE IS A BREEZE EXCEPT WHEN YOU’RE DRY AS A BONE”:**Dry mouth syndrome is an increasing problem in all age groups, from children to seniors. Living with a dry mouth, day in and day out, is a quality of life issue that affects dietary intake, speech, oral health and self-esteem. Today’s patients have complex lifestyles, compromising personal habits and diverse medical conditions, each of which can contribute to dry mouth issues. This course explores factors causing today’s increasing epidemic of dry mouth and ways to help patients cope with oral discomfort.

### **(FRIDAYAFTERNOON CE SESSION #2)**

### **TESTIMONY ABOUT ANNE GUIGNON:**

“She kept the crowd alive and very enthusiastic. She has so much heart and soul for hygiene – it really showed in the course!”

“I enjoyed the course very much. I would like to especially thank Anne for her very practical suggestions regarding specific products and little tips about ergonomics and patient positioning and operator positioning.”

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